

## Coaching Group Leaders



Delivering great  
paddling opportunities  
and supporting  
members development  
and aspirations

### What you might be doing

- Organising coaching cover for groups
- Maintaining coaching records to fulfil insurance/ BC obligations
- Arranging expeditions to other rivers/venues and promoting club wide involvement
- Developing training plans for groups
- Assisting development of new and existing coaches
- Running fitness sessions/ masterclasses
- Point of contact for new members joining the club and introducing them to relevant sections
- Promoting races and acting as team leader
- Liaising with BC and other sport partners
- Assist volunteers in keeping their certificates and qualifications up to date by sending invitations to attend training, such as first aid
- Coordinating member involvement in hosting H&H, sprints or Hasler.
- Gym inductions

### Commitment/time

- On going time commitment for being a positive role model, and point of contact
- Discreet roles to broader involvement in strategic planning
- Some one off projects/ events
- Working group meetings (weekly/monthly – online or in person).
- Coaching requires regular weekly commitment 2 – 5hrs, can alter with seasons
- Mainly club based, some roles can be performed from home

### Skills, experience or qualities required

- Sport science or management background
- Keen to become a coach or gain advanced coaching
- PT or body conditioning skills
- Elite sports experience
- Administrative skills to maintain coaching records
- Organisational skills to help coaches ensure coverage for each session
- First aid training expertise
- Enthusiasm to share your sport with others
- Keen to support development in others

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